

Langdansen från Sollerø

Sweden

A circle dance from Sweden

Formation: Open circle, leads to the left!

Hands: "teapot hold" (Right hand on right hip, hook left wrist into the crook of the arm of the person to your left.

	1	2	3
1	Step L ←	lift R leg in air	step R ↖
2-16	repeat bar 1, 15 more times		
17	step L	lift R leg in air	pause
18	step R	lift L leg in air	pause
19-20	repeat 18-19		
21-22	repeat bar 1 twice		
23-28	repeat bars 18-22		